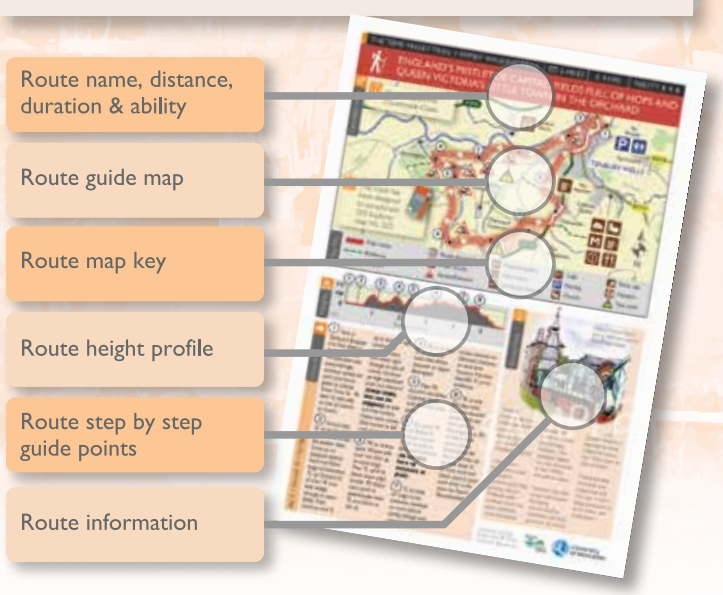
HOW TO USE THIS LEAFLET

1. **Choose your teme valley location**
   Tip: Our central locator map can help here
2. **Choose a walk or cycle route**
   Tip: Each location has a walk & cycle route
3. **Collect, download or print your route**
   Tip: Go to our Tourist Information Centres
4. **Please read your route carefully**
   Tip: Each route offers various track options
5. **For safety, consider buying a partner map**
   Tip: Each route offers various track options
6. **Off you go!**



For more information, route maps and file downloads please see:
www.visitthemalverns.org

WELCOME TO THE TEME VALLEY

The Teme Valley was formed over 700 million years ago from a time when the land mass lay far south of the equator. The River Teme, which cuts through the valley, starts in Wales and flows for over 80 miles before joining the River Severn near Worcester. On its journey it passes through some of the most attractive countryside in the Heart of England. This trail guide offers the chance to discover the area further by car, on foot or by cycling.

Apples, Hops & Mistletoe

The Teme Valley has a long association with the brewing industry, both in its production of hops to make beer and in the growing of apples for making cider. Queen Victoria famously quoted Tenbury as being her 'little town in the orchard'.

In the past many people would travel from the Black Country to pick the hops as part of their annual working holiday.

More recently the town has been officially recognised by parliament as England's mistletoe capital. Tenbury even has its own Mistletoe Festival Season featuring drama, dance and parades. All the towns and villages within the Teme Valley have a variety of events happening all year round too - such as farmers markets, craft fairs and fetes.

For more information, route maps and file downloads please see:
www.visitthemalverns.org

PLANNING YOUR VISIT TO US

FOR LEISURE DRIVES

Leisure drivers can stop off in one of the many towns and villages in the teme valley where you will find a wide range of places to eat, drink and explore. Equally, there are a number of scenic places to stop, explore and have a picnic on the circular orange leisure drive route marked on this leaflet's map.

FOR WALKERS

Walkers can go online and download for free any of the six tried and tested moderate or family walks featured on our website. Bring along your walking boots and an appropriate O/S map to make best use of the Trail Guide. Please note that at certain times of the year or after adverse weather that some of the routes can get quite muddy.

FOR CYCLISTS

Cyclists can go on-line and download for free one of the six tried and tested cycle routes featured on our website. We have tried to make them as family friendly as possible with plenty of places to stop on route and explore. Please take extra care when riding on narrow lanes or 'B' roads.

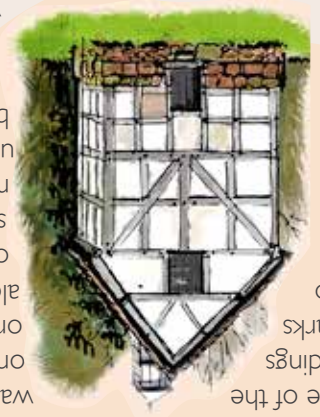
THE COUNTRYSIDE CODE

- Consider the local community and other people enjoying the outdoors
- Leave gates and property as you find them and follow paths unless wider access is available
- Leave no trace of your visit and take your litter home
- Keep dogs under effective control
- Plan ahead and be prepared
- Follow advice and local signs

For more information, route maps and file downloads please see:
www.visitthemalverns.org

LANDMARK SPOTTER

As you travel around the teme valley you're bound to see some of the unique buildings and landmarks that help to make the valley's unique character. Why not turn the experience into a 'spotter' game to add an extra interest? Whether in your car, wandering along one of our walks or skimming along our lanes on a bike you'll see one or more of these unique views below. The more you do, the more likely you'll be able to name them all!



Can you identify these local landmarks?

Answers
1 = Perseus & Andromeda Fountain - Witley Court, 2 = Abberley Hall School Clock Tower, 3 = NT Wichenford Dovecote, 4= The Malvern Hills

TRAVEL OUR TRAILS

Teme Valley Leisure Drive

An idyllic circular leisure drive set in the beautiful Teme Valley. The drive takes in traditional market towns in the area as well as many of the idyllic little hamlets and villages too.

Family-Friendly Walking Routes

A range of 6x tried and tested circular walking routes throughout the Teme Valley. All take in either local cafes or pubs and range from easy through to the more challenging.

Family-Friendly Cycling Routes

A range of 6x tried and tested circular cycling routes throughout the Teme Valley. All take in either local cafes or pubs and range from easy through to the more challenging.

THE TEME VALLEY TRAIL

Discover Elgar's Land of Hope and Glory in the Teme Valley

Teme Valley Leisure Drive

1x — Formats: PDF, A4 Print, .GPX, .KML, Phone & Nav.

Family-Friendly Walking Routes

6x — Formats: PDF, A4 Print, .GPX, .KML, Phone & Nav.

Family-Friendly Cycling Routes

6x — Formats: PDF, A4 Print, .GPX, .KML, Phone & Nav.

University of Worcester

Malvern Hills District Council

Follow us on

TENBURY WELLS

Available in these formats: PDF A4 Print, .GPX, .KML Phone & Nav.

Both of Tenbury's routes start at the (free) swimming pool car park in the town. The routes initially run alongside and above the River Teme and both come around to Oldwood Common and back to their start points.

6 MILES | 3.5 HRS | ABILITY

5.5 MILES | 1 HR | ABILITY

CLEOBURY MORTIMER

Available in these formats: PDF A4 Print, .GPX, .KML Phone & Nav.

Both of Cleobury's routes can be challenging at times, but are also hugely rewarding with panoramic rural views of the South Shropshire countryside and the picturesque river Rea.

5.5 MILES | 3.5 HRS | ABILITY

8.5 MILES | 2.5 HRS | ABILITY

GREAT WITLEY

Available in these formats: PDF A4 Print, .GPX, .KML Phone & Nav.

Abberley Hill near Gt Witley can be a challenging climb, but has amazing views from it's wooded summit ridge. Nearby Stanford on Teme hosts the cycle ride with some of the best cycling in the county.

4 MILES | 3 HRS | ABILITY

5.5 MILES | 1 HR | ABILITY

ABILITY

- One walker or cycle icon means that your route will be relatively flat and easy.
- Two walker or cycle icons means that your route will be of medium difficulty - with occasional up and downhill elements.
- Three walker or cycle icons means that your route may be more challenging in places - with more up and downhills and potentially slightly longer length routes.

LEISURE DRIVE

Leisure drivers can stop off in one of the many towns and villages in the teme valley where you will find a wide range of places to eat, drink and explore. Equally, there are a number of scenic places to stop, explore and have a picnic on the circular orange leisure drive route marked on this leaflet's map. Places you may like to see could include the crooked spire of St Mary's Church in Cleobury Mortimer with it's distinctive 'twisted spire'. Or maybe you may like

Teme Valley Region

(drive continued).. to visit the moated manor house at NT Brockhampton Court near Bromyard. Also on our route is the great house at English Heritage's Witley Court, once a symbol of huge wealth and often visited by past royalty. You're spoilt for choice really in terms of great houses and could also call into either Burford House & Gardens near Tenbury Wells or Kyre Park and Gardens between Tenbury and Bromyard. Finally, do also consider the Elgar Birthplace Museum in the village of Broadheath near Worcester.

ROAD CYCLING

- Make sure that all your bikes are roadworthy.
- If you're on the road with children, take up a position behind them. If there are two adults in your group, it's a good idea to have one at the back and one in front of the children.
- Helmets are particularly recommended for young children.
- Set a good example, follow the Highway Code and teach children road safety.

BROMYARD

Available in these formats: PDF A4 Print, .GPX, .KML Phone & Nav.

The walk from the town up to Bromyard Downs has some stunning views of the area while remianing largely rural. It's cycle route from nearby Pencombe is challenging in places but dotted with pubs.

4 MILES | 2.5 HRS | ABILITY

7.5 MILES | 2.5 HRS | ABILITY

BROADHEATH

Available in these formats: PDF A4 Print, .GPX, .KML Phone & Nav.

Broadheath's walk is both easy and flat and starts at the Elgar Birthplace Museum. The cycle ride in nearby Bransford is also largely flat and takes in picturesque hamlets and amazing eco cafes.

4.6 MILES | 2.5 HRS | ABILITY

6 MILES | 1.5 HRS | ABILITY

MARTLEY

Available in these formats: PDF A4 Print, .GPX, .KML Phone & Nav.

Martley's walk is easy and mostlly flat with a fantastic open section that runs alongside the River Teme. The cycle ride is similarly easy - taking in a fantastic lakeside family cafe and ancient Dovecote en route.

3.5 MILES | 2.5 HRS | ABILITY

6.2 MILES | 1.5 HRS | ABILITY