



## A CIRCULAR WALK FROM UPTON RUGBY CLUB TOWARDS UPPER AND LOWER HAM



**i** This route has been designed to complement O/S Explorer map No. 190

**i** Please respect the Countryside Code.

**i** See [www.visitthamalverns.org](http://www.visitthamalverns.org) for more walking trails and information on the area.



### HOW TO GET THERE (including parking)

**By car:** The walk begins from Upton Rugby Club car park which is a free car park opposite the Parish Church or St Peter and St Paul.

**By bus:** There are a number of bus services that run to Upton. Check out the First Group website for further details.

### 1 Start of the walk

The walk begins from the car park next to Upton Rugby Club. From the rugby club walk out of exit for the car park towards St Peter and St Paul church. At the exit to the car park, cross over the road to Church Walk and follow this footpath which keeps the church on your right. At the end of this footpath you will meet a red brick wall, turn left here and continue to follow this narrow path (with red brick walls and houses either side), all the way to the end. At the t junction cross over the road to Severn Drive.

**2** As soon as you have entered into Severn Drive then turn immediately right into Gardens Walk. Follow this road all the way until you have almost reached the first bend. Just before this bend on the left hand side will be a narrow footpath (with a no cycling sign at the start). Turn left onto this narrow footpath and follow it, where you will meet some steps. Go down these steps. At the bottom of the steps you will meet another

road/track turn right here. This track runs alongside the river.

**3** Follow this track, go through the kissing gate and into a large field. This is known as The Ham. Follow this field, keeping the river close to your left hand side. Continue to follow the river all the way to the other side of the field. You will see a Site of Scientific Special Interest sign (SSSI) in the corner.

**4** As soon as you have visited the Site of Scientific Special Interest sign, then you need to turn back on yourself (do not go through the wooden gate), but rather than retracing your steps you now need to bear left heading towards some trees at the corner of the field.

**5** Continue to follow this narrow footpath with the hedgerow to your left and the church and Pepperpot in

the distance in front of you. Go over a small wooden bridge and continue on this footpath. The path will then bear round to the right with houses on your left hand side. Continue along the footpath, until you see another SSSI sign on your left with a large metal gate and a wooden gate to the right hand side.

**6** Turn left here and go through this and onto a track which then becomes a tarmacked road with fencing along your left hand side. Eventually this road will meet another side road. At the t junction turn left onto Minge Lane. Follow this road all the way to the end, crossing Rectory Road and passing the fire station on your left at the end. At the end of Minge Lane, turn right along the pavement to the pedestrian crossing. Cross over the pedestrian crossing and then turn left back into the Rugby Club car park.